

Enhancing Brain Performance for VETERANS

The Center for BrainHealth® and Brain Performance Institute™ are working to help bridge the military and civilian divide, break down barriers that prevent our brave military service men and women from achieving the American dreams that they have so valiantly defended and offer scientifically proven training and treatment programs to address invisible injuries of war.

High performance is the name of the game for warriors – mental, physical and emotional. They have operated at peak performance under strenuous mental, physical, and emotional conditions without hesitation.

Warriors are taught and trained to be tough and not cry for help.

Warriors do not want to be labeled, enabled or disabled. They want to be empowered.

Warriors do not want to be viewed as impaired or needing rehabilitation. Services offered must be focused on building resilience, retraining and strengthening.

We must meet warriors where they are, be aware of where they stand, and open a line of communication and path to increased performance.

What we must offer is an opportunity for warriors to take part in rebuilding their life and being productive personally and professionally by enhancing their cognitive brain performance.

All warriors need is hope; hope they can improve; hope they can be better; hope they can have successful, enriching and fulfilling personal and professional lives; hope for the future.



EMPOWERING OUR NATION'S NEXT GREATEST GENERATION

The Center for BrainHealth® and Brain Performance Institute™ are dedicated to exploring best treatment and training options and prototyping how to maximize the cognitive potential and performance of our nation's heroes to dramatically benefit the lives of service members and their families today and for years to come.

Through research initiatives and high performance brain training programs, we aim to arm veterans and active duty service members with the necessary tools to achieve successful, enriching and fulfilling personal and professional lives by optimizing brain performance, building resilience in cognitive brain function, and reversing losses in cognitive capacity.



HIGH PERFORMANCE BRAIN TRAINING

Through the Brain Performance Institute™

SMART

Strategic Memory Advanced Reasoning Training

Based on more than 30 years of

NEUROSCIENCE RESEARCH

IMPROVEMENTS in COGNITIVE FUNCTION and EVERYDAY LIFE, including: managing finances, sustaining an active social life, maintaining a home, retaining organizational skills, and successfully retaining a job. Free to active duty service members, veterans, military spouses, and caregivers.

TBI

Center for BrainHealth® research study for veterans with traumatic brain injury

12 SESSIONS

of group-based cognitive training for veterans ages 19-65 who have had a TBI.

This is a non-invasive, non-drug approach. You will receive MRI IMAGES of your brain and \$210 compensation.

This research could ENHANCE MENTAL PRODUCTIVITY and improve cognitive capacity. There is no cost to you. Participation does not affect benefits.

PTSD

Center for BrainHealth® research study for veterans with post traumatic stress disorder

RECALIBRATING

the minds of warriors from military to civilian life in 12 sessions. Provides a \$350 stipend.

Combines a NON-INVASIVE, DRUG-FREE approach and cognitive processing therapy.

This research could help MINIMIZE HYPEREMOTIONAL RECALL of life-threatening or fearful memories of war that disrupt post-combat everyday life. There is no cost to you. Participation does not affect benefits.

"How far could we take our brains if we focused on training them like we do our bodies?"

LT. MORGAN LUTTRELL, U.S. NAVY SEAL